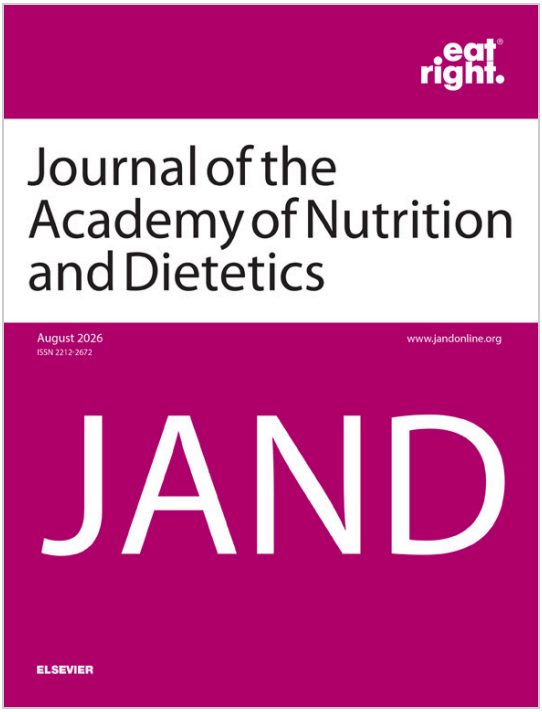
The premier source for the practice and science of food, nutrition, and dietetics

Supports *Open Access*

Search for...



Current Issue

August 2026, Volume 126, Issue 8

Download full issue

Issue in Progress

Articles in Press

Past Issues

Submit article

Journal Insights

5.2

Impact Factor

6.9

CiteScore

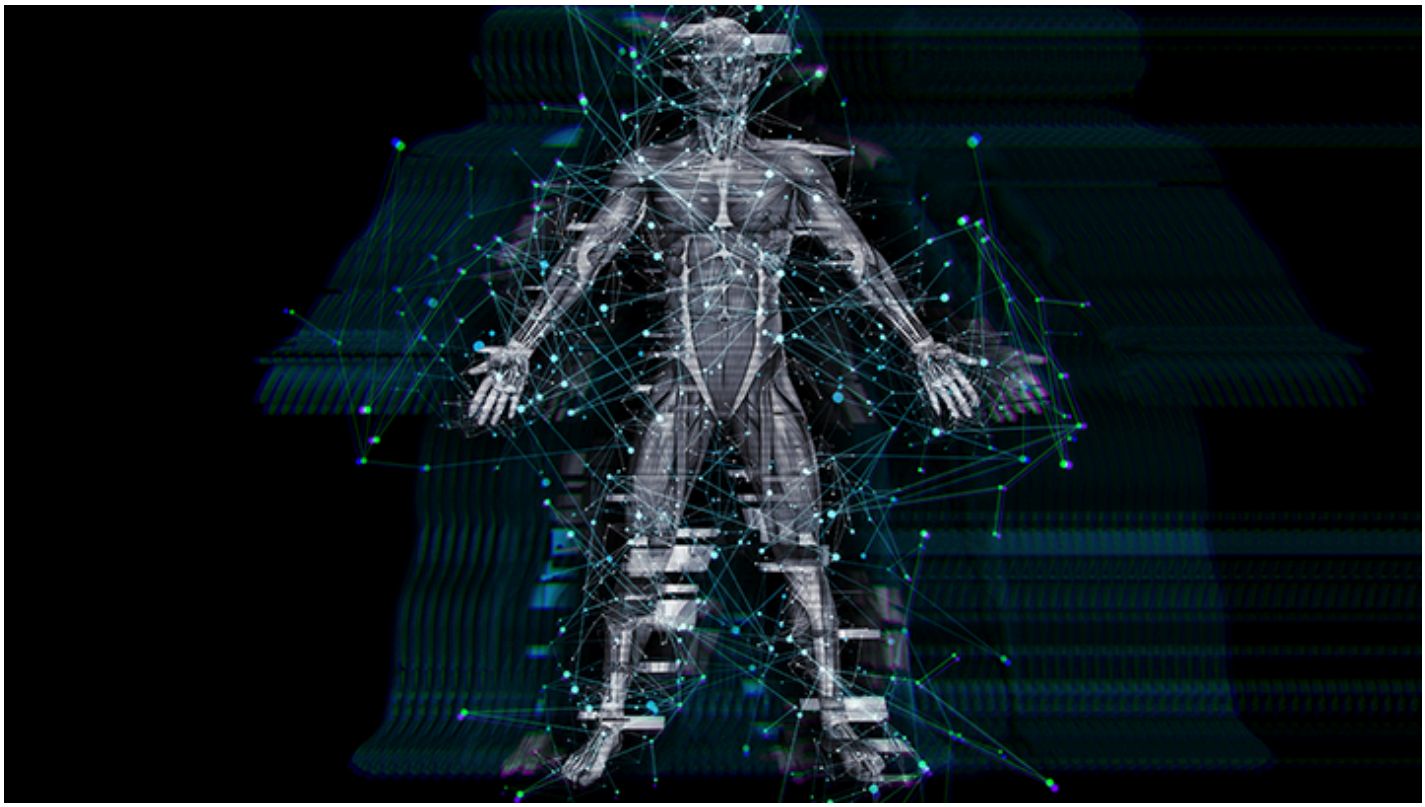
5

5-Year Impact Factor ⓘ

6

Days from acceptance to online publication ⓘ

Issue Highlights

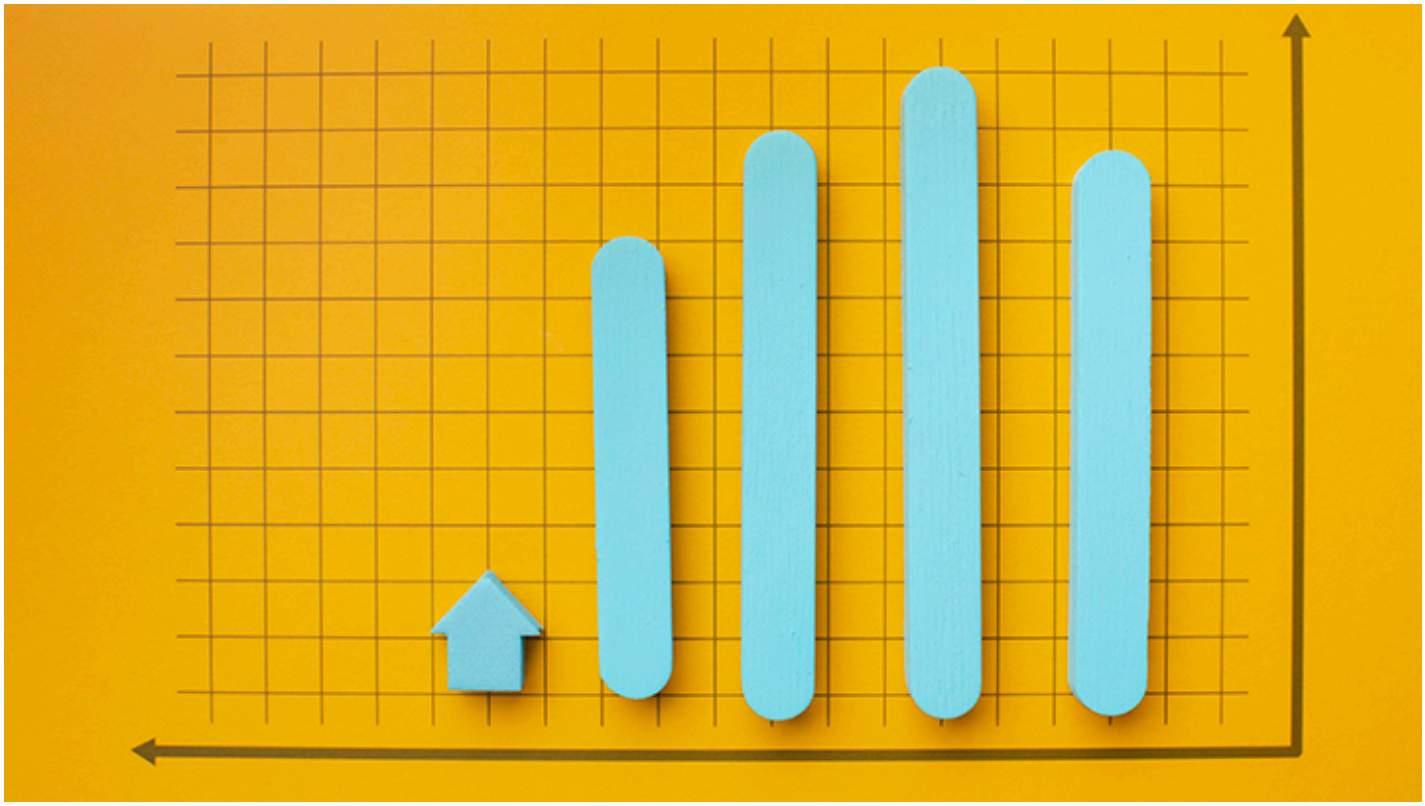


Incorporating CT-Derived Body Composition Analysis Into the Global Leadership Initiative on Malnutrition Criteria Is Associated With Overall Survival: Findings From an International Cancer Cohort

Image by Magnific

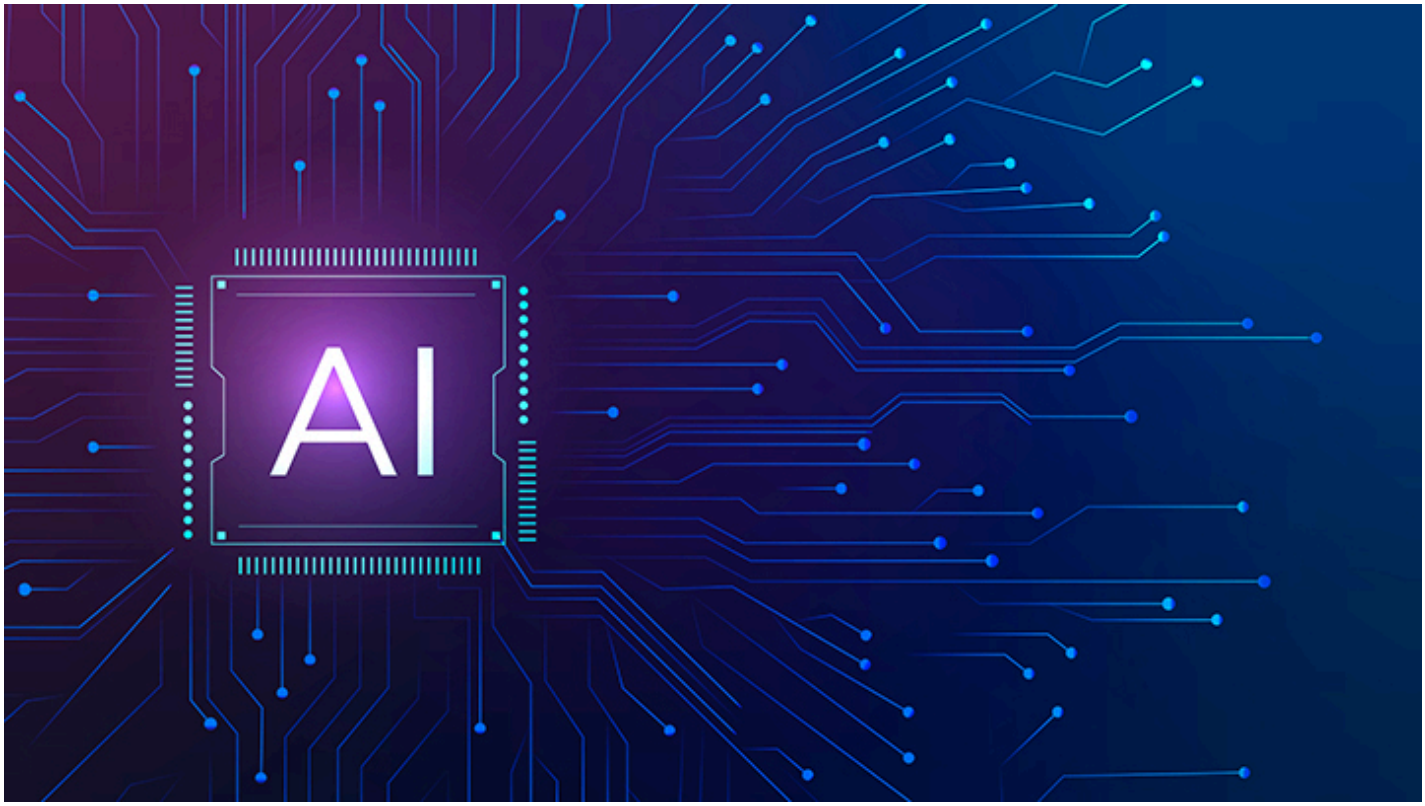
Validity of Predictive Energy Equations Compared With Indirect Calorimetry for Hospitalized Adults: An Evidence Analysis Library Scoping Review

Image by Magnific



Mind the Plateau: A Mathematical Modeling Analysis of Long-Term GLP-1 Receptor Agonist Treatment

Image by Magnific



Artificial Intelligence and Machine Learning Resource Guide: The Academy of Nutrition and Dietetics and the American Society for Nutrition Joint Taskforce for Artificial Intelligence

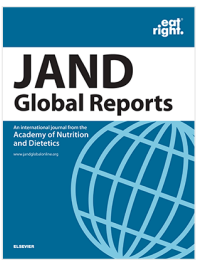
Image by Magnific

New and Notable at JAND

Editor's Podcast

Collections

Companion Journal



Understanding Postpartum Mothers' Perspectives of Chrononutrition Approaches: A Qualitative Study

Related article | More Editor's Podcasts

Food as Medicine

Food as Medicine interventions are emerging as an effective approach to addressing nutrition security and chronic disease among patients with nutrition-related disease or risk factors.

View collection

Journal of the Academy of Nutrition and Dietetics is a Gold Open Access journal

dedicated to publishing original research related to the practice and science of food, nutrition, and dietetics in the global community.

More

Press Release

Study Identifies Chrononutrition as a Viable Approach for Postpartum Weight Loss

New research has found that eating habits that align most closely with a woman's existing routine show promise for losing postpartum baby weight, especially for mothers earlier in the postpartum period. The study identified key factors impacting eating timing and perceived barriers to various chrononutrition approaches, with the ability to share a family evening meal emerging as particularly important. The findings in the *Journal of the Academy of Nutrition and Dietetics* (*JAND*) are an important step towards informing the development of chrononutrition interventions for postpartum weight management.

Read press release | More press releases

About the Academy

Academy IDEA Hub

Research4Life

More information about Research4Life

Committee on Publication Ethics

Journal of the Academy of Nutrition and Dietetics is a proud member of the Committee on Publication Ethics (COPE).

About

Journal of the Academy of Nutrition and Dietetics

The *Journal of the Academy of Nutrition and Dietetics* (JAND) is the flagship research publication of the Academy of Nutrition and Dietetics. The purpose, expressed in the mission statement, is to be "the premier peer-reviewed journal in the field of food, nutrition, and dietetics." JAND is published in both print and electronic formats and publishes pre-proof and Articles in Press. Submission to JAND is open to all individuals in the food, nutrition, and dietetics profession as well as allied health fields.

About the Academy

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals — committed to its mission to improve the nation's health and advance the profession of dietetics through research, education, and advocacy. Academy members represent a wide range of practice areas and interests including public health, nutrition counseling, private practice, foodservice management, grocery stores and chains, hospitals and long-term care facilities, education systems, education of other health care professionals, and scientific research.

Articles in Press

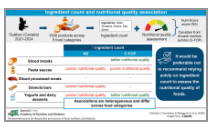
Research Article

Reliability and Validity of a Parent-Reported Diet Quality Screener for Young Children: the Rapid Prime Diet Quality Score for Kids (rPDQS-Kids)

Hammad et al.

Published online: July 28, 2026

Research Article • *Open Access*

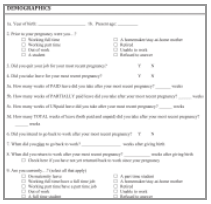


Ingredient count is not a reliable indicator of nutritional quality: analysis across and within five processed food categories in Québec, Canada

Petitclerc et al.

Published online: July 28, 2026

Research: Research Paper • *Open Access*



Understanding Postpartum Mothers' Perspectives of Chrononutrition Approaches: A Qualitative Study

Davis et al.

Published online: July 20, 2026

Research Article

Effect of Carbohydrate-Restricted Dietary Patterns Based on Prescribed and Self-Reported Intake in Adults with Overweight and Obesity: A Systematic Review and Meta-Analysis

Landry et al.

Published online: July 9, 2026

View All

Most Read (Past 6 months)

FREE

Introducing the Academy's 2026–2027 President: Tammy L. Randall, MS, RDN, LD, CDCES, FAND

Published in issue: June, 2026

FREE

Academy of Nutrition and Dietetics Board of Directors 2026-2027

Published in issue: June, 2026

Most Cited (Past 1 Year)

Home

Access for Developing Countries

ARTICLES & ISSUES

JAND Articles In Press

Current Issue

List of Issues

COLLECTIONS

Focus Area Standards for CDR Specialist Credentials

Focus Area Standards for RDNs

Food as Medicine

Nutrition Research Methodology

Position Papers

Scope & Standards for RDNs & NDTRs

SPECIAL ISSUES

Water and Nutrition in a Rapidly Changing World

SUPPLEMENTS

2025 Food & Nutrition Conference & Expo

Malnutrition and Quality Practice Across the Care Spectrum

MULTIMEDIA

Editor-in-Chief's Podcasts

CPE

Academy Journal CPE Articles

CPE Quiz Login

FOR AUTHORS

Guide for Authors

Submit a Manuscript

Embargo Policy/Articles in Press

About Open Access

Getting Your Manuscript Published

Getting Your Paper Noticed

Call for Papers

Permissions

Researcher Academy

FOR REVIEWERS

Information for Reviewers

JOURNAL INFO

About the Journal

Awards

Editorial Board

New Content Alerts

Activate Online Access

About JAND

Member Access

Abstracting and Indexing

Reprints

Subscribe

Contact Information

ADVERTISING AND MEDIA

Info for Advertisers

Press Releases

FOLLOW US

Facebook

Twitter

YouTube

The content on this site is intended for healthcare professionals.

All content on this site: Copyright © 2026 Elsevier Inc., its licensors, and contributors.
All rights are reserved, including those for text and data mining, AI training, and similar technologies.
For all open access content, the relevant licensing terms apply.

Privacy Policy Cookie settings Terms and Conditions Accessibility Help & Contact Responsible AI

RELX™